

**SIMON FRASER UNIVERSITY  
SUMMER SEMESTER 2004**

**EDUC 459-4  
INSTRUCTIONAL ACTIVITIES IN PHYSICAL  
EDUCATION  
(D01.00)**

**TAMMY WIRICK**

MONDAYS 8:30-12:20 EDB 7540

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**PREREQUISITE:** EDUC 401/402

**DESCRIPTION**

This course will support the BC Elementary Physical Education curriculum through teaching strategies and content ranging from gymnastics and dance to adventure based learning and heart rate monitor use. Through participating in physical activity, discussion and written assignments students will have the opportunity to connect individually with their own beliefs of physical education of children. Management strategies, developing quality in movement and planning an inclusive curriculum will be covered. Current issues in physical education such as fitness and competition will be examined.

Assignments include the following:

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|---|-----|
| 1. Personal Activity Log  | 20% |
| 2. Peer Teaching and Lesson Plan                                    | 20% |
| 3. Yearly Plan and unit plan critique                               | 30% |
| 4. Participation(included both in class work and written responses) | 30% |

Required Text: Physical Education Methods for Elementary Teachers, 2nd edition. K. Thomas, A. Lee, J. Thomas. Human Kinetics, 2003.

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**Return to Education's Undergraduate [2004-2 Course Outlines Main Page](#).**

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